



friendship force

CENTRAL VIRGINIA

Changing the Way You See the World

The Ambassador

Officers/DirectorsCommittee ChairsPresidentMonica NotaroEvent ChairmanPatty SclaterVice PresidentPatty SclaterFund RaisingDave & Sally ZabranskiTreasurerDavid LeaJAGLinda BurnsSecretaryPam HokansonMembershipPeggy ColvilleDirectorsDave Burns, Linda Burns,OutreachCarol DonahueAl Colville, Deb Winslow, Walt O'ConnellJourneysDeb WinslowCommunicationsWalt O'Connell

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President's Message

Monica Notaro



However you say it---Al Colville has handed over the reins, passed the torch, or passed the baton after two years of fine leadership as our club's President! I'm looking forward to serving as President along with the other fine people on our Board of Directors and our Committee Chairs. You'll find us all listed in this copy of our newsletter. We are a team, and although passing a baton often conjures a picture of a relay race, it is really our

2018 experience together with all of you as members of our Friendship Force.

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There are so many ways to enjoy Friendship Force. It is definitely not a one size fits all, and it may vary from year to year. Members have choices to participate locally, or with our in-bound or out-bound journeys in different ways. Some people enjoy and are able to go on a journey to another country and see things through a different lens by meeting and being hosted by others in that culture. Others may wish to concentrate on meeting and sharing with people visiting our country. That is possible in a variety of ways, such as by attending a welcome, or farewell party for the visiting group, or hosting someone in your home, or not in your home but acting as a day-host. In that role you pick up a visitor(s) from where they are staying and participate with them during the day on a part of the itinerary and then bring them back to where they are staying at the end of the day. Perhaps you could host a small dinner party. You may enjoy getting to meet or sponsor international students through our JAG (Judge Advocate General) Program. These are examples, but not an all inclusive list.

There are so many opportunities to get involved with local social events and have fun with other members, or join in and help at a Fundraising event. You'll be discovering many ways to participate locally throughout the year. Please contact any of your Board members with ideas, feedback or questions. We look forward to an enjoyable year together.

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Events Committee in Action

Patty Sclater, Chair

We ended the year with a wonderful Holiday Party attended by more than fifty people, including members, JAG students and guests/prospective members. Thanks again to Mark and Margaret Dryer for hosting the event and to Deb Winslow for the delicious catering.

2017 was a full year of FFCV activities and, based on proposed events for 2018, this year looks fulfilling, as well. A copy of those events is on the 2018 calendar located elsewhere in this *Ambassador* issue.

Kicking off the year is the January 27 Soup 'n Salad event. Always popular, it has become an annual event. If you have not yet RSVP'd to let us know whether or not you can join us for this event, please complete the Doodle Poll linked here: https://doodle.com/poll/ecgx568wmskc5fee. In addition to hearing about club plans for 2018, we will have a brief presentation on Egypt given by Colonel Hatem Soloma, our JAG student from that country. Come meet him, his wife and three children at the Soup 'n Salad.

Including this presentation reflects one of the suggestions the Events Committee received from members – to involve our JAG students more. By inviting the students to attend some of our events and make presentations, all club members have an opportunity to interact with them, not just their sponsors.

Other member suggestions are being incorporated into the events planning process. We look forward to seeing you on the 27th and sharing plans for 2018.



Membership Chairman's Report

Peggy Smith Colville, Chair

First let me say a BIG THANK YOU to Mark and Margaret Dryer for opening their home for our Christmas/Holiday Party. Another THANK YOU to Deb Winslow for the food she prepared for everyone.

To give you all a recap of this gathering, we had a total of 54 people in attendance. We had 4 of our JAG students in attendance, one with his wife and three children, and 9 guests and prospective members. Thanks to all of you who brought a guest since several of them expressed interest in our club and took applications home with them.

Most of our members came with their 2018 applications and dues for the coming year. All of you who were not able to make the party, I am sorry because you missed a Wonderful time and Delicious food. But I know this is a busy time of the year for everyone.

As Membership person, I would like to encourage all of you who have not yet paid your dues, to fill out the Renewal form that's in our newsletter and mail it to me along with your check. Bear in mind that the dues have changed, the dues are now \$30 per person. And we really need for you to complete the form as it has changed from last year. If any of your information has changed such as e-mail, telephone number, etc. please highlight it so I will be sure to pick it up. Also, please check the opportunities at the bottom so we can know how you would like to be involved in the coming years.

Thanks for all your help in making our Friendship Force Club one of the Best.

2018 MEMBERSHIP DUES WITH RENEWAL APPLICATIONS DUE BY FEBRUARY 1ST, 2018. Dues for 2018 are \$30/person. Bring your check and renewal application (found at the end of this newsletter) to the Soup and Salad Meeting, Jan. 27th.

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Cabin Fever Setting In? Need to Get Away?

Be sure to check the journeys available on the Friendship Force Web site.

https://www.friendshipforce.org/journeys/

For a complete list of 2018 journeys click here (Ctrl + Click)



News from FFI



Top 7 Reasons Why You Should Voyage on 2018's Festival At Sea





7. Travel to Europe without jet lag!

The one-hour-per-day time change allows for a gradual transition as you traverse the Atlantic. Arrive in Copenhagen fully adjusted to the local European time zone, refreshed after your voyage and ready to explore Denmark!

6. A fantastic voyage at a fantastic value.

One Journey to six countries total, with 18 days and 8 ports: Kings Wharf, Bermuda; Horta, Azores, Portugal; Ponta Delgada, Sao Miguel, Azores, Portugal; Southampton (London), England; Cherbourg (Normandy), France; Zeebrugge (Brussels), Belgium; Amsterdam, The Netherlands; Copenhagen, Denmark.



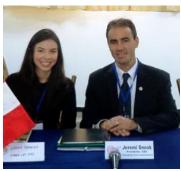


5. Practice your Friendship Force elevator pitch!

Take advantage of this unique opportunity to test out your recruiting and friend-building skills, as you share the Friendship Force mission and concept with many other potential new members on board from around the world!

4. Enjoy the award-winning guest service and facilities of Holland America's ms Zuiderdam, with its 2:1 guest-to-staff ratio.

In 2017, Holland America Line was honored with two Cruise Critic Editors' Picks Awards for Best Dining and Best for Solo Travelers, while also receiving eight honors from Porthole Cruise Magazine's Readers' Choice Awards, including Best Shore Excursions, Best Spa Facilities, Most Eco-Friendly Line, Best Medical Facilities, and Best Facilities for Guests with Disabilities.





3. Experience quality time with Friendship Force Leaders!

Two staff members from FFI Headquarters - CEO Jeremi Snook and Director of Digital Strategy and Innovation Laura Romero - will be on board, as well as Board Chair Jo Custead, ready to participate and host a variety of superb programming and events.

2. Learn and grow with seven days of innovative, interactive, and handson Friendship Force

workshops, including an exploration of peace and its definition, a first look into FFI's expansion plans, and how the use of digital technology and communications will continue to advance our organization.

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1. New global friends in one beautiful place!

Embrace this exclusive chance to make 75+ new friends on board your floating home for two and a half weeks!

Prices start at \$1949 USD.

Find more information, including a full itinerary here, and <a href="register today!

Stay connected with Friendship Force with our Web and Facebook pages

Friendship Force of Central Virginia

https://www.facebook.com/FriendshipForceofCentralVirginia/ http://www.ffc.avenue.org/

Friendship Force International

https://www.friendshipforce.org/

IAG School

Linda Burns, Chair

We have a graduation coming up soon. Our two Basic Course students, 2LT Takumi Yamada from Japan and MAJ Sikaaswe from Zambia are graduating on February 15. Graduation is held in the JAG School Auditorium.

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We have some new Basic Course students coming. They will be here 13 February. This means that they will only be here for 3 months, but they enjoy having someone to go out with once in a while and getting to "know" someone outside of the school environment. The new students are:

CPT Yu-ning Huang from Taiwan
1LT Salama Ahamad Awas Al-Omoush from Jordon
CPT Hamza Shabib Abdelrahman from Egypt

If you have not sponsored a JAG student or would like to do it again, please let me know. It is such a wonderful experience. I'm sure you will enjoy it.

Coming up is our Soup 'n Salad meeting and we are planning on having our Egyptian JAG student do a presentation of his country that day, so plan to attend.

<u>Journey Committee</u>

Deb Winslow

We will be having a fun and busy year in 2018. Below is what is planned so far:

Inbound: Harrisburg, Pennsylvania, 18-22 April, 2018

This is the first of several reciprocal journeys we will be making over the next couple of years to Friendship Force (FF) clubs in the Northeast and Mid-Atlantic region of the U.S. Our friends in Harrisburg will be spending a few days with us in order to experience some of our more interesting areas such as Monticello, Montpelier, the Blue Ridge, and of course our famous wineries.

2018 Outbound: Mie and Ota-Gunma, Japan, May 2018

While Al Colville remains in contact with the hosts at both locations, nothing significant has transpired regarding the journeys. All is waiting to hear from the EDs at both places to determine costs and other information regarding these journeys and will pass that info on.

Inbound: Des Moines, Iowa 15-18 June, 2018

Last year a number of our club members combined with the Des Moines FF club to have a joint journey to Chiapas Mexico and a number of their members requested they visit our club in 2018. So, an agreement was made for us to host them this coming June and to show them some of the places we talked so much about during the Mexican exchange. We expect about 16 or so ambassadors coming on this journey and Dave Burns will be the coordinator for it. We will need a number of hosts for this journey so get ready to be contacted regarding the visit.

Outbound: Des Moines, Iowa TBD, August 2018

The folks in Des Moines recommended we visit them in August when the Iowa State Fair is underway (August 9-19) and Des Moines celebrates Restaurant Week, usually in the last half of the month. Of interest is two well-known performers will be performing in the opening days of the Fair, the group Casting Crowns and Reba McIntyre. You can expect a Doodle shortly to see: 1) if you are interested in going; and if so 2) what dates you would prefer. In any case, the journey will be about four or five days.

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2018 Inbound: Bundaberg, Australia, 2-9 October 18

As previously noted this journey is in conjunction with the Bundaberg's multi-week visit to the U.S. which will include our club, one in central North Carolina, a few days in Nashville, and finally the FF club in Baton Rouge, LA. At last word, the group should not include more than 16 ambassadors. Like the other inbounds expect to be contacted soon over what role you can play in this journey, i.e. host, day host, dinner party, etc.

2018 Outbound, Harrisburg, PA, 8-12 November

Agreement has been reached with the Harrisburg club for us to have our reciprocal journey to them over Veterans Day weekend. The journey will be for four nights affording us three full days to spend getting to know their members and the greater Harrisburg area. Some of the options they offered us include visits to: the PA State Capital and State Museum, Susquehanna Riverboat Tour, the Civil War Museum in Harrisburg; a trip to Hershey to visit the hotel, theater, trolley tour, and Chocolate World located there; a trip and tour of Gettysburg; and a trip to Lancaster County to meet the Amish and tour the area/shops. Several other ideas were also offered. A Doodle poll will be coming out soon to see who wants to participate in this journey and the tours/trips you would be interested in. Should be a fun trip.

Planning has already begun for 2019. FFI should officially notify us by mid-February of what our outbound and inbound journeys will be for 2019. As previously reported we have asked for two outbounds in 2019, one a three-week trip to Australia and New Zealand and the second a two-week journey to Europe to include one week in Cornwall and the second on the continent. At present, it appears the first trip has been approved as the clubs in Sunshine Coast, Australia and Marlborough, New Zealand have requested we visit them. Not sure where the third week will be but we requested a club near the Great Barrier Reef in Australia or a second club on the south island of New Zealand. As for inbounds, we told FFI we would be willing to host one each international and domestic clubs in 2019.

Outreach

Linda Burns, Chair

We are very happy to see our member, Bing Spitler, up and about. He had major surgery in December and has recuperated very well. Good going Bing!

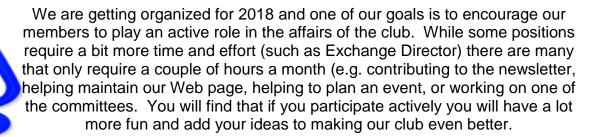
Our new Outreach chair is Carol Donahue. "Welcome Carol". She is still away for the holidays so I am filling in for her this month. If you know of any other member who needs an "outreached hand" please let her know. You can contact Carol @ camd68@gmail.com or 434-589-7613.

Concerned about traveling in these uncertain times?

You might want to check out this article
http://www.wendyperrin.com/7-keys-traveling-without-fear-despite-terrorist-attacks/

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Help Wanted



If you are interested in making a difference and getting a better return on your investment, contact one of the directors or committee chairs. They are listed on the front page of the newsletter.

We are looking forward to hearing from you.

Do you need a name tag or husiness cards?

Walt will be ordering the hard metal name tags from FFI in mid-February. Cost is \$10 + shipping, a couple of bucks depending on how many are ordered. If you are interested let Walt know.

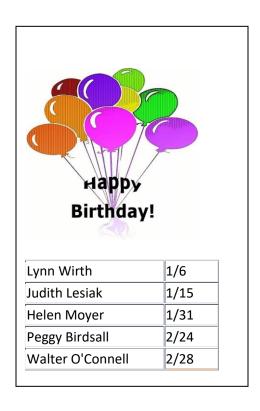
walt.oconnell@gmail.com 434.591.0532

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Member News

The minutes of the BOD meetings and copies of the Ambassador Newsletter are available on our Web site, www.ffc.avenue.org

The BOD meetings are open to anyone who would like to attend. We welcome you participation



Did we miss your special day?

Let Walt know so we can update our records walt.oconnell@gmail.com

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2018 Calendar Meetings and Events

Month	Board	Meeting		Events	
_	Date	Time	Date	Details	Participants
Jan	1/9/2018	2:00 - 4:00 PM	Saturday, January 27	Soup 'n Salad, 1:00 - 3:00 p.m., Nahor Village Clubhouse	FFCV Members, JAG Students, Guests/Prospective Members
Feb	2/13/2018	2:00 - 4:00 PM	February, Date TBD	See Terracotta Soldiers Exhibit, VMFA - Richmond, VA	FFCV Members
Mar	3/13/2018	3:00 - 5:00 PM	March, Date TBD	FFCV "Birthday Bash" - Local Area Restaurant	FFCV Members, JAG Students, Guests/Prospective Members
Apr	4/10/2018	3:00 - 5:00 PM	April 18-22	Harrisburg, PA Inbound Journey	FFCV Members, Harrisburg Visitors
May	5/8/2018	3:00 - 5:00 PM	May 10 - 24	Japan Outbound Journey	FFC Members
June	6/12/2018	3:00 - 5:00 PM	June 15-18	Des Moines, Iowa Inbound Journey	FFCV Members, Des Moines Visitors
July	7/10/2018	3:00 - 5:00 PM	July, Date TBD	Mystery Dinner	FFCV Members
Aug	8/14/2018	3:00 - 5:00 PM	August, Date TBD	Des Moines Outbound	FFCV Members
Sep	9/11/2018	3:00 - 5:00 PM	September 3 - Labor Day	JAG Picnic	FFCV Members, JAG Students, Guests/Prospective Members
Oct	10/9/2018	3:00 - 5:00 PM	October 2 - 9	Australia Inbound	FFCV Members, Australia Visitors
Nov	11/13/2018	2:00 - 4:00 PM	November, Date TBD	Author - Speaker	FFCV Members, Guests/Prospective Members
Dec	12/11/2018	2:00 - 4:00 PM	December, Date TBD	Holiday Party - Keeton Home, Scottsville, VA	FFCV Members, JAG Students, Guests/Prospective Members

Show Your Club Logo with Custom Merchandise



You now have the ability to purchase quality merchandise with our club logo *embroidered* on it from Queensboro. Some of us have purchased this merchandise in the past and have found it to be very good quality.

We have our own "store front" that uses our approved logo and ordering products through it is quite easy. Go to

http://ffcv.qbstores.com and to see the selection of products. To make a purchase, set up an account and then select from the products available, specifying your size and color preference.

A flat fee of \$6.50 per order applies regardless of the order size so team up with a friend and consolidate

your orders.

Queensboro offers many more products than we have placed in our store front. If you are looking for something in particular you can

view their entire site at http://www.queensboro.com. You can order



directly from that site but you won't have access to our logo. If you <u>Embroidery</u> see an item you would like with the logo, let Walt know (<u>walt.oconnell@gmail.com</u>, 434-591-0532) and he will add it to the store front.

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BOD Minutes

Friendship Force Central Virginia Inc. Regular Board of Directors Meeting Minutes Wednesday, November 15, 2017, 2:00-4:00 PM Clubhouse at Villages at Nahor, Palmyra, VA

Board Members Present:

President Al Colville, Dave Burns, Walt O'Connell

Board Members Absent:

First Vice President Linda Burns, Second Vice President Monica Notaro, Secretary Pam Hokanson, Treasurer David Lea Margaret Dryer,

Committee Chairs and Guests:

Membership Chair Peggy Colville, Events Chair Patty Sclater, Deb Winslow

Call to Order: President Colville called the meeting to order at 2:10 pm.

Presidents Report: Delay vote on Officers for 2018 because not enough Board members present.

This list will be sent out via e-mail to the Board for approval.

Treasurer's Report – in the absence of the treasurer his report was not acted upon. **Secretary's Report** – in the absence of the secretary her minutes were not acted upon.

Old Business – Slate of 2018 Officers will be sent via e-mail to full Board for approval. (The attached list of Board Members and Committee Chairs for 2018 has been approved by a subsequent e-mail vote of the Board Members.)

New Business - Japan Exchange was discussed. Dave Burns suggested that Lisa Cornell of the Harrisburg Club and Jean Minnick of the Richmond Club should be advised the Japan dates and any planning meetings. This exchange is tentatively being planned for May 9, 2018 departure from USA arriving in Japan on May 10, 2018. A suggestion was made that when going that far we may want to add a week to another club, in say Korea or Taiwan, making it a three week journey. All of this will be settled when the planning meeting takes place. Planning meeting dates have been sent out to FFCV members who has expressed interest.

Committee Reports:

Communications – Walter O'Connell – November Newsletter will be mailed soon.

Events – Patty Sclater – Stated that this year's Holiday Party will be catered by Deb Winslow in Margaret and Mark's home on December 16th. Will be sending out a Doodle Poll to membership encouraging them to come and bring potential members. 2018, she will be soliciting speakers for some of our monthly meetings throughout the year. A Soup'n Salad kickoff meeting for the afternoon of January 27 at the Nahor Village Clubhouse is being planned. Additional activities such as Mystery Dinners, JAG School Picnic, trip to Richmond to the Virginia Museum of Fine Arts (probably March) and our annual Holiday Party. Just for starters.

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Exchanges- Dave Burns – Looking at Bundaberg Australia for October 2-9, 2018. The Harrisburg and Iowa Clubs would like to work out dates for exchanges here during the 2018 year. Looking at April 20-23 or September 20-21 for a trip to Harrisburg, PA and for Iowa maybe second week in June or August for their State Fair, which is a Big attraction.

2019 will be asking for two trips, one to New Zealand and one to Cornwall, England (May or June). We will find out in January or February what trips we get for 2018. Also, there will be a Regional Meeting in Washington, DC, Sept. 21st or 28th. We need to know how many members might be interested in attending this meeting.

Fund Raising – Just about over for this year. Dave Zabransky will be heading up that committee in 2018.

JAG School – David Burns said Linda had two new JAG students come in and they have already been assigned to Laura and Bob Keeton and Linda and Arthur Okun. Dave and Linda attended the ROTC Dinner and it was very nice. They also met General Houston and his staff, also met Larry's boss. Great PR contacts for FFCV. Suggested that Bing Spitler be invited to go on some of JAG trips especially when they go to Antietam and Gettysburg. Dave spoke with Bing and he was excited about this new adventure for him as well as being a speaker at some of the JAG meetings. Again, great PR for our club.

Membership – Peggy Colville- reported she had sent an article to go into the November Newsletter asking all members to bring their Membership/Renewal Applications to the Holiday Party and pay their 2018 dues at that time. She said she would have extra applications should some of the members forget and also for new member prospects. Asked Walter to compile a list of 2017 and 2018 members around the middle of January so she could contact members who need to pay their 2018 dues.

Outreach – No report other than we need to remember Patsy and Walter O'Connell during her recovery.

Next Board Meeting - will be held on December 12th in the home of Peggy and Al Colville from 2:00 to 4:00. Nahor Village Clubhouse was already booked for that date.

Board Members		Committee Chairs	
President	Monica Notaro	Communications	Walt O'Connell
Vice-President	Patty Sclater	Events	Patty Sclater
Secretary	Pam Hokanson	Journeys	Deb Winslow
Treasurer	David Lea	Fund Raising	Dave Zabranski
Board Member	David Burns	JAG School	Linda Burns
Board Member	Linda Burns	Membership	Peggy Colville
Board Member	Al Colville	Outreach	Carol Donahue
Board Member	Walt O'Connell		
Board Member	Deb Winslow		

Regular Board of Directors Meeting Minutes Tuesday, December 12, 2017, 1:00-3:00 PM Colville Residence at Villages at Nahor, Palmyra, VA

Board Members and Committee Chairs Present:

President Al Colville, First Vice President Linda Burns, Second Vice President Monica Notaro, Secretary Pam Hokanson, Treasurer David Lea, Dave Burns, Walt O'Connell

Board Members Absent:

Margaret Dryer

Committee Chairs and Guests:

Membership Chair Peggy Colville, Events Chair Patty Sclater, Dave and Sally Zabransky

Call to Order: President Colville called the meeting to order at 1:00 pm.

President's Comments: All thanked everyone for their service on the board. He felt it had been a great two years in that we kept the momentum going and added new members to the club.

Treasurer's Report:

David reported there was no change from last month.

Secretary's Report:

The board approved the October minutes by email and the notes from the November meeting will be sent out and approved next month.

Old Business:

FFCV items were distributed. Margaret is working on updating the FFCV Policies & Procedures. Al and Walt will work on this with her to get it completed this coming year.

New Business:

Schedule for 2018 BOD/Committee Chairs Meetings: Monica asked that the next meeting be held January 9, 2018 and continue to be held on the second Tuesday of the month from 2:00 – 4:00 at the Nahor Clubhouse.

Committee Reports:

Communications: Walt said that the next newsletter will be published in January and input is due the week of the next board meeting.

Events: Patty Sclater reviewed a tentative calendar of events and said the committee would be meeting to finalize the events. She is tentatively planning a soup and salad event for January.

Exchanges: Dave outlined the plans for journeys in 2018:

Japan Outbound: We have two travel agents looking in to possible travel plans and arrangements both before and after the exchange. We are to arrive in Japan for the 2-week journey by May 10th. We should have quotes next month.

Harrisburg, PA Inbound: They want to come for Garden Week around April 20th.

lowa Inbound: They want to come in early June.

lowa Outbound: We are planning to go to Des Moines in August.

Harrisburg, PA Inbound: They would like to come in September.

Australia Inbound: They are planning to arrive October 29 for a week.

Fund Raising: Monica reported that numerous fund raising events were cancelled this year and we need to come up with more ideas.

JAG: We have 2 new three month students. JAG students will be coming to the Christmas Party. **Membership**: Peggy requested that members bring completed updated membership forms along with the dues to the Christmas Party. She will have extra applications for prospective new members at the party.

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Outreach: Linda reported Carol Donahue will be our new Outreach Person. The meeting was adjourned at 1:47 pm followed by refreshments served by the Colvilles.

Next Board Meeting: the next board meeting will be Tuesday, January 9th, from 2-4 PM at the Clubhouse at the Villages at Nahor.

Respectfully submitted, Pam Hokanson, Secretary

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