



friendship force

CENTRAL VIRGINIA

Changing the Way You See the World

The Ambassador

Officers/Directors

President *Monica Notaro*
 Vice President..... *Patty Sclater*
 Treasurer *David Lea*
 Secretary..... *Pam Hokanson*
 Directors..... *Dave Burns, Linda Burns, Al Colville, Deb Winslow, Walt O'Connell*

Committee Chairs

Event Chairman *Patty Sclater*
 Fund Raising *Dave & Sally Zabranski*
 JAG *Linda Burns*
 Membership *Peggy Colville*
 Outreach *Carol Donahue*
 Journeys..... *Deb Winslow*
 Communications *Walt O'Connell*

July, 2018
 Volume XXVII, No. 4

President's Message

Monica Notaro

Guess who's coming to dinner.....is what played out with many of our members last Saturday night as they participated in the Mystery Dinner. Thank you to the hosts for providing the beverages and main course and graciously welcomed the mystery guests who showed up at the door. Guests were patient not knowing where they were going with side dish or dessert until one or two days beforehand. This is a good way to get to know someone a little more than in a large event and share a good meal.

On July 5th a gang of eight of our members were VERY busy working at the Pavilion Concert serving tapped beer, wine and cider. Besides hearing the Trey Anastasio Trio concert free, we earned an hourly wage for eight people plus \$139.00 in tips that we put in a fund to help one or more organizations who work with people in need in our community. When another fundraising opportunity comes along consider volunteering.

When there is an event being planned one of the vehicles we use is a Doodle Poll to get out the information to our members, and check who is interested in

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participating and how they may do that. Please make friends with the Doodle and fill it out and send it back as soon as possible. It's easy to do and really helps with planning! It eliminates many phone calls and emails. Of course, if you have questions, or comments you can always call the contact person for that activity, or a Board Member.

Find out what activities and journeys are coming up in our club in the rest of this newsletter. How would you like to be involved? Remember, the Board would like to hear from you and know what your ideas are for future activities, and how we can all work together to keep improving our club for you and all members.

In friendship,

Monie

In Remembrance

Walt O'Connell

Recently Friendship Force of Central Virginia lost two of its notable members. Pete Almonte passed away from complications related to Parkinson's disease and Linda Okun succumbed to ALS.

We were privileged to have both of these wonderful people in our club. I had the opportunity to spend a long time with Pete when we were "roomies" on an exchange to South Africa a few years ago. Pete had a way about him that was warm and friendly. Wherever he went people were immediately attracted to him. Many of his paintings featured fellow Friendship Force members and exchanges that they took together. The Fluvanna Review published Pete's obituary and Paige Gifford wrote a nice article about Pete. You can see them at <http://fluvannareview.com/2018/07/7-19-18-2/> page 10-11.

Linda was a very busy lady taking part in many clubs and activities but she always had time for Friendship Force. She particularly enjoyed sponsoring JAG students. In this regard she was an excellent ambassador for our club.

Both Linda and Pete personified the spirit of Friendship Force. Our club will sorely miss the contributions of both of these members.

Events Committee in Action

Patty Sclater, Chair

Unfortunately the Outbound Journey to Des Moines was canceled. We couldn't get a large enough group together to warrant the event. Perhaps next year.

The JAG picnic this year will be at Willow Drinkwater's home in Gordonsville. Members and guests are invited to attend but because of limited space, inclement weather may cancel except for the students and their sponsors. We will keep you posted.

In October we will welcome ambassadors from Australia, always a fun group. Make plans to host, day host, host a dinner, and/or attend the festivities. You won't regret it.

The Eastern Conference in November is a great place to meet other FF members from other clubs in the Region. See details in other parts of this newsletter.

Then in December we will have our Holiday Party at the Keeton's home in Scottsville. This will be a special treat and we hope that Bob will treat us to a concert on his pipe organ.... Yes you heard that right.

So there are many events taking place between now and year end. Hope to see you at all of them.

Membership Chairman's Report

Peggy Smith Colville, Chair

Well, I do believe the Mystery Dinner this year was a success, in fact, THE BEST EVER!! We had 5 couples hosting, 17 members attending along with 5 guests for a total of 32 people participating. This was our best participation ever.

I have heard back from just about all our hosts and everyone said it was a lovely evening with good food and lively conversations. I would like to thank the following members for opening-up their homes as hosts for this year. They are: Linda and Dave Burns, Al and Peggy Colville, Patty Sclater and Steve Cooley, Dave Winer, and Lynn and David Wirth. Also, thanks for those great directions to your homes. The word is that those directions were very helpful.

Sorry I do not have any pictures, but our evening was fantastic. What a great way to get to know your fellow members a little better. If you could not participate this year, I hope you will think about giving it a try in 2019.

Fundraising

Sally and Dave Zabransky

Thanks to Al and Peggy Colville, Dave and Linda Burns, Laura and Bob Keeton, Monica Notaro and Dave Wirth for volunteering to work the Trey Anastasio concert. They did such a great job that they received over \$138 in tips alone.

The Sprint Pavilion has assigned FFCV to work at the Father John Misty with King Tuff concert on Tuesday, September 25, 2018. We need 12 volunteers to work the beer truck at this event. Workers will need to report no later than 5:45 PM. We will be sending out a Doodle Poll soon to solicit volunteers for this event. Please check your calendars to see if you can help out that evening and respond to the doodle poll <https://doodle.com/poll/38aenebww6a2mmf8>

We will continue collecting \$1 from any member not wearing their I.D. tag at meetings, selling Friendship Force pins and mugs, and continuing with our 50/50 raffles.

If you have any other ideas, please let us know. We are always looking for new and fun ways to raise funds.

JAG School

Linda Burns, Chair

We will be receiving incoming students soon. We have five students coming. They are from Egypt, Israel, Korea, Japan and Tunisia. They will be arriving on the 6th of August. I still am looking for two more sponsors. Please let me know if you are interested. It is very fulfilling to get to interact with these students. They do not stay with you, they only spend time with you when you are available and invite them to join you in something you are doing. The idea is to get them out of the school environment. Please let me know if you are interested.

In September we always sponsor a picnic for the students. This year, Willow Drinkwater has graciously offered to have the picnic at her house. She lives on a farm, has a nice, big house and a swimming pool. It will be a fun time. The date is September 3rd. Put it on your calendar and plan to attend. We will be sending out a Doodle poll shortly for sign-ups.



International Students at the
JAG Graduation

Outreach

Carol Donahue, Chair

You can contact Carol @ camd68@gmail.com or 434-589-7613.

Journey Committee

Deb Winslow

We are well on our way to a year full of Journeys. We have just completed our inbound journey with Des Moines and others are still on the schedule. These are great opportunities to participate in the signature Friendship Force events.

2018 Inbound: Bundaberg, Australia, 2-9 October 2018 As previously noted this journey is in conjunction with the Bundaberg's multi-week visit to the U.S. which will include our club, one in central North Carolina, a few days in Nashville, and finally the FF club in Baton Rouge, LA. At last word, the group should not include more than 16 ambassadors. Like the other inbounds expect to be contacted soon over what role you can play in this journey, i.e. host, day host, dinner party, etc. We have received our official inbounds and outbounds for 2019.

2019 Inbound: FF Flathead Valley, Kalispell, Montana in the spring of 2019.

2019 Outbound: I have not gotten all the specifics yet, but a fall trip to the Sunshine Coast and Bundaberg, Australia and Marlborough, New Zealand has been approved.

East Coast Super Regional Conference, Charleston, SC, Nov 7-9

Dave Burns

Suggest you really think about attending this as it should be very interesting. For those not familiar with how these things work, in past years there were annual conferences in each FF region, which largely was for club leaders, and those who were really into Friendship Force. Well things have changed as World Conferences, previously held every year around the world, will now be every two years and we now will have so-called "Super Regional Conferences" those years when there is no World Conference. Our region, the Mid-Atlantic and Northeast Region will be combining forces with both the Florida and Southeast Regions. Having this first Super Regional Conference in Charleston is a really good deal as in addition to workshops, speakers and the like we also will have plenty of time to sightsee and wander around the Charleston Historic District where the conference will be held. Conference organizers, of which I am one, just started planning the conference and we are only in the early stages of putting it together. Since I am a member of this club I will be keeping everybody up to date on what is going on. But again put some serious thought into participating.

East Coast Regional Super Conference

“Making Connections”

November 7 - 9, 2018

Charleston, SC



The Conference Committee for the East Coast Super Regional Conference would like to invite you to our conference! Clubs from the Northeast and Mid-Atlantic States, the Southeast and Florida will gather together in Charleston, SC, November 7 - 9, 2018 to share information and ideas. Visit with old friends and meet new ones all while enjoying the beauty and culture of Charleston, SC.



Schedule Overview

Wednesday, November 7th:

Delegates arrive, Presidents Meeting from 4 - 6 p.m., dinner out together at local restaurants

Thursday, November 8th:

Plenaries & Workshops from 8 a.m. - 4 p.m.
Dinner at 7:00 with Keynote speaker, [Tina Singleton of Transformation Table](#)

Friday, November 9th:

Plenaries & Workshops from 8:00 a.m. - noon

Workshop Topics May Include:

Membership Recruitment/Retention

Insurance/Emergencies

On-boarding New Members

Orientation for New Members

Clubs' Best Practices (Interactive)

Make Me a Match

Fold, Pack and Go!

Planning a Global or Themed Journey

Club Websites and Newsletters

Register Now!

Early Bird Conference fee before July 15: \$200 / Conference fee after July 15th: \$225

Conference fee includes dinner on Thursday night with our Keynote speaker, Tina Singleton of Transformation Table. Additional tickets can be purchased for \$50 each.

Read more on the [official conference website](#).
If you have questions, contact Allison Lindsey at (404) 965-4342

eFlyer: United States

The U.S. eFlyer is a place to find information about domestic Journeys within the United States, undersubscribed U.S. outbound Journeys, and occasional regional conferences and special events. The Journeys listed in the U.S. eFlyer are open to all ambassadors, representing some of the many places where you can experience new cultures and expand your global circle of friends.

[Discover More](#)



WANT TO EXPLORE MORE JOURNEYS?
Click below to view our full catalog of available experiences.

[SEE ALL JOURNEYS >](#)

JULY JOURNEY CATALOG

FEATURED JOURNEY



Baton Rouge, Central North Carolina, and Central Virginia, USA

October 2 to October 25, 2018

[Discover More](#)

NEW JOURNEYS



Fortaleza and the Amazon Village, Brazil

November 7 to November 19, 2018

[Click for Details >](#)



Discover the Brazilian Cerrado

November 19 to November 27, 2018

[Click for Details >](#)



Fun in the Snow!

February 6 to February 13, 2019

[Click for Details >](#)



2019 Festival at Sea Cruise

February 21 to March 8, 2019

[Click for Details >](#)



Explore Farming in New Zealand

February 23 to March 17, 2019

[Click for Details >](#)



Discover Spain and Portugal

November 1 to November 17, 2019

[Click for Details >](#)

Below is the latest on Journeys from FFI. Learn about each by Ctrl + Click to follow the link. Also you can click [here](#) to see the U.S. eFlyer is a place to find information about domestic Journeys within the United States, undersubscribed U.S. outbound Journeys, and occasional regional conferences and special events. The Journeys listed in the U.S. eFlyer are open to all ambassadors, representing some of the many places where you can experience new cultures and expand your global circle of friends.

FEATURED JOURNEY



Edmonton and Area and Lethbridge, Canada

August 12 to August 26, 2018

[Discover More](#)

NEW JOURNEYS



Explore Myanmar

October 9 to October 20, 2018

[Click for Details >](#)



Discover Costa Rica

October 10 to October 20, 2018

[Click for Details >](#)



Lima, Peru

November 1 to November 7, 2018

[Click for Details >](#)



Nashik Riverside, India

November 1 to November 22, 2018

[Click for Details >](#)



Discover China

November 1 to November 16, 2018

[Click for Details >](#)



2019 Festival at Sea Cruise

February 21 to March 8, 2019

[Click for Details >](#)



Bogotá, Colombia and Quito and the Galápagos Islands, Ecuador

April 26 to May 11, 2019

[Click for Details >](#)

WANT TO EXPLORE MORE JOURNEYS?
Click below to view our full catalog of available experiences.

[SEE ALL JOURNEYS >](#)



friendship force

INTERNATIONAL

Experience different views. Discover common ground.

SAVE THE DATE

2019 FFI World Conference
New Location and New Dates



BOULDER, COLORADO, USA JULY 23-27, 2019

Workshops/Plenaries: July 23-25 | Social/Local Activities: July 26-27

Due to Hurricane Maria's lasting impact on Puerto Rico, our 2019 World Conference location and dates have been changed.
Please save the *new* date and location, and plan to join us in Boulder, Colorado next July!



"Welcome to Boulder, Colorado" - Watch the Video!

More details coming soon!

Concerned about traveling in these uncertain times?

You might want to check out this article

<http://www.wendyperrin.com/7-keys-traveling-without-fear-despite-terrorist-attacks/>

Help Wanted

We are getting organized for 2018 and one of our goals is to encourage our members to play an active role in the affairs of the club. While some positions require a bit more time and effort (such as Exchange Director) there are many that only require a couple of hours a month (e.g. contributing to the newsletter, helping maintain our Web page, helping to plan an event, or working on one of the committees). You will find that if you participate actively you will have a lot more fun and add your ideas to making our club even better.

If you are interested in making a difference and getting a better return on your investment, contact one of the directors or committee chairs. They are listed on the front page of the newsletter.

We are looking forward to hearing from you.

Do you need a name tag or business cards?

Business Cards and Name Tags are available from Walt. New members receive a supply of cards and a paper tag. Metal tags can be ordered and the cost is \$10 +/- depending on shipping. Additional cards are available for \$1 for 20. If you are interested let Walt know.

walt.oconnell@gmail.com

434.591.0532

Member News



Dave Zabransky	7/17
Dolores Schwagerl	7/29
Wayne Brady	7/31
Stephen Cooley	8/13
Linda Gehle	8/27



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Dave and Sally Zabransky	7/1
Robert and Joanne Harris	7/11
Ernest and Jean Busboso	7/16
Lynn and David Wirth	7/31
LeRoy and Helen Ida Moyer	8/3

The minutes of the BOD meetings and copies of the Ambassador Newsletter are available on our Web site, www.ffc.avenue.org

The BOD meetings are open to anyone who would like to attend. We welcome your participation



Margaret Dryer celebrated her 80th birthday with the help of many family and friends. Happy Birthday, Margaret!

Did we miss your special day?

*Let Peggy know so we can update our records
peggysmith1@hotmail.com*

2018 Calendar Meetings and Events

Month	Board Meeting		Events		Participants
	Date	Time	Date	Event Details	
-					-
Sept	9/11/2018	3:00 - 5:00 PM	September 3 - Labor Day	JAG Picnic	FFCV Members, JAG Students, Guests Prospective Members
Oct	10/9/2018	3:00 - 5:00 PM	October 2 - 9	Australia Inbound	FFCV Members, Australia Visitors
Nov	11/13/2018	2:00 - 4:00 PM	November 7-9	East Coast Regional Conference – Charleston, SC	FFCV Members
Dec	12/11/2018	2:00 - 4:00 PM	December, Date TBD	Holiday Party - Keeton Home, Scottsville, VA	FFCV Members, JAG Students, Guests/Prospective Members

Show Your Club Logo with Custom Merchandise



Embroidery

You now have the ability to purchase quality merchandise with our club logo *embroidered* on it from Queensboro. Some of us have purchased this merchandise in the past and have found it to be very good quality.

We have our own “store front” that uses our approved logo and ordering products through it is quite easy. Go to <http://ffcvgbstores.com> and to see the selection of products. To make a purchase, set up an account and then select from the products available, specifying your size and color preference.

A flat fee of \$6.50 per order applies regardless of the order size so team up with a friend and consolidate your orders.

Queensboro offers many more products than we have placed in our store front. If you are looking for something in particular you can view their entire site at <http://www.queensboro.com>. You can order directly from that site but you won't have access to our logo. If you see an item you would like with the logo, let Walt know (walt.oconnell@gmail.com, 434-591-0532) and he will add it to the store front.



Embroidery

BOD Minutes

**Friendship Force Central Virginia Inc.
Regular Board of Directors Meeting Minutes
Tuesday, June 12, 2018, 3:00-5:00 PM
Clubhouse at Villages at Nahor, Palmyra, VA**

Board Members and Committee Chairs Present:

President Monica Notaro, Vice President Patty Sclater, Secretary Pam Hokanson, Treasurer David Lea, Deb Winslow, Al Colville, Linda Burns, Dave Burns, Walt O'Connell

Board Members Absent:

Committee Chairs and Guests:

Membership Chair Peggy Colville, Outreach Chair Carol Donahue

Call to Order: President Notaro called the meeting to order at 3:06 pm.

President's Comments: Monica had no additional comments.

Treasurer's Report: David reported a balance of \$6,663.28.

Secretary's Report: Patty Sclater moved to accept the March minutes, second by Dave Burns. The minutes were approved as written. There were no minutes for April due to the secretary's absence at that meeting. The budget was approved in April. There was no meeting in May due to the exchange in Japan.

Old Business:

Deb Winslow reported that plans for the Iowa exchange were set with the ambassadors arriving tomorrow.

Monica distributed some documents from the Harrisburg club pertaining to job descriptions. Discussion ensued about the descriptions in our policy manual. Changes were made at the time we received our 501C3 status. Dave Burns agreed to call Margaret about the status of the revisions and Al Colville will check through his records. Further decisions about the policy manual were tabled until next month.

New Business:

East Coast Super Regional Conference in Charleston, South Carolina November 7 – 9: Dave & Linda Burns, Peggy & Al Colville, and Monica are planning to attend. Dave also reported the World Conference would be held at the University of Colorado next year in late July.

2019 Montana Inbound Journey: The date has been changed from June to the beginning of May. We will be coordinating with the club in Richmond. They want to attend Garden Week and come here afterwards.

Bundaburg Inbound Journey: They will be coming here October 2. They will be having 3 homestays and we are in the middle, following their stay in Long Island. A host Coordinator is needed. It was suggested to get some of the general membership involved.

Member Response: Al brought up concern that there is a lack of response to the Doodle Polls from our members. He suggested that we ask members to respond quickly and add the choice, "Sorry, I can't attend" to the Doodle. He volunteered to create a new Doodle and draft an email in the name of

the person in charge of the event to go with the Doodle requesting that everyone respond even if you cannot attend the event. Hopefully this will help us get a better response.

Committee Reports:

Monica asked for those who went on the Japan Outbound Journey to share comments about their trip.

Membership: Peggy reported that we have 53 members. She will be coordinating with Walt to update the membership list.

Fund Raising: No report.

Journeys: Deb reminded everyone to check their email concerning the Outbound Journey to Des Moines in August.

JAG: Linda reported we had 2 graduations. She had no new students at the time of the meeting, but said Larry should be getting some and would be contacting her soon. The JAG picnic is set for Labor Day, Sept. 3 and she will be contacting several members as t hosting the picnic.

Events: The Mystery Dinner will be July 14. A Doodle will be going out soon.

Communications: Walt stated there was no newsletter for May. He needs information within the week and will publish a newsletter in June. He suggested that we put forth additional effort to get members more involved on a regular basis.

Outreach: Carol reported she sent flowers to Linda Okun and has mailed out 11 cards since February.

Next Board Meeting: the next board meeting will be Tuesday, July 10th, from 3:00-5:00 PM at the Clubhouse at the Villages at Nahor.

The meeting was adjourned at 4:55 pm.

Respectfully submitted,
Pam Hokanson, Secretary



**CHANGING THE WAY YOU
SEE THE WORLD**

Name: _____ Email: _____

Address: _____ City: _____

County*: _____ State: _____ ZIP: _____ Phone (land line): _____

**Note: in city = C'ville; else Albemarle, Fluvanna, etc.*

Cell: _____ Preferred Badge Name: _____ New Member Sponsor _____

For Family Application: Partner's Name: _____ Email: _____

Partner's Cell: _____ Preferred Badge Name: _____

We like to recognize our members on their special days if you choose (month and day only, we overlook the year).

Your Birthday: ____ / ____ . Partner's birthday: ____ / ____ . Anniversary: ____ / ____ .

It is important that you have a good understanding of The Friendship Force, what we do, and what to expect. The Web site for Friendship Force International is a good source of information about the history and mission of our organization. Please review the information at www.friendshipforce.org, paying particular attention to the tabs "Who We Are/History and /Mission" and "FAQs" and our club at www.ffc.avenue.org. If you don't have access to the Web, please contact a member for information about our FFI and our club.

To make our club successful, all members contribute as they are able to our various activities. Please check the activities in which you would like to participate or learn more about in 2018. (Partners do separately when your interests diverge). **Do you want to:**

Exchange Activities

<input type="checkbox"/>	Go on an Outbound Journey
<input type="checkbox"/>	Outbound Journey Planning Committee
<input type="checkbox"/>	Inbound Journey Planning Committee
<input type="checkbox"/>	Inbound Journey Home Host
<input type="checkbox"/>	Inbound Journey Day Host
<input type="checkbox"/>	Inbound Journey Small Dinner Party Host

Other Club Work and Activities

<input type="checkbox"/>	Serve on Communications/Publicity
<input type="checkbox"/>	Serve on Fund Raising including Fridays After Five
<input type="checkbox"/>	Serve on Member Meeting Organizing
<input type="checkbox"/>	Serve on Event Planning and Organizing
<input type="checkbox"/>	Serve on Membership Committee

Community Activities and Service

<input type="checkbox"/>	Sponsor a JAG student
<input type="checkbox"/>	Work on a Community Project (e.g., International Refugee Committee, World Friendship Day, or outreach to community)

What areas of the world are of particular interest for an Exchange?

Asia__Canada__Europe__Eurasia__Latin America__Middle East__Africa__South Pacific__USA__

Annual Dues: \$30 per member.. Please include a check made out to **FFC with your application**. Please submit application/renewal and dues to membership chair, Peggy Colville, 315 Village Blvd. Palmyra, VA 22963.

