



friendship force

CENTRAL VIRGINIA

Changing the Way You See the World

Officers/Directors

President *Patty Sclater*
Vice President *Pam Hokanson*
Treasurer *David Lea*

Secretary *Joanne Harris*

Directors *Peggy Birdsall, Dave Burns, Al Colville, Peggy Colville, Deb Winslow*

Committee Chairs

Communications *Sally Zabransky*
Events *Laura Keeton*
Fund Raising *Dave Zabransky*
JAG *Linda Burns/Bing Spittler*

Journeys *Deb Winslow/ Susan Roberts*

Membership *Monica Notaro*
Outreach *Carol Donahue*
Webmasters *Al Colville and Dave Zabransky*

NOVEMBER/DECEMBER 2020

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President’s Message

Patty Sclater

The “new normal” has certainly been anything but normal. Still, we persevere, finding creative approaches to resolving challenges. And no one can accuse us of being bored – just look at what members have been doing during the pandemic (see Member Activities article). Please continue to send me your notes, and we’ll include them in the next newsletter.

In spite of the pandemic, including our upcoming November and December events, our club will have been able to offer/participate in eight activities in 2021. A big THANK YOU to those who made these possible.

We hope and are actively planning for a return to regular journeys in 2021, as noted in Deb Winslow’s update. Meeting the international JAG students is always a treat and an

opportunity to learn about their countries and cultures. We hope you'll be able to meet them at our November 8 event (see JAG School article).

Events Committee in Action

Peggy Colville

On September 26th, a few of our members ventured out to Wytheville, VA to the Wohlfahrt Haus Dinner Theatre for a luncheon and show by Stephen Freeman, who sang most of Elvis Presley's top hits. You did not have to be a diehard fan of his to enjoy that afternoon. If you were around during the Elvis era, you would have at least heard his songs. There were a lot of us mouthing the words along with Stephen. What I can tell you is that his grand finale had us on our feet as he sang "Glory, Glory Hallelujah" and an American flag as big as the stage dropped down behind him. What a moment to say, "I am Proud to be an American."

From there, we all went back to our hotels to freshen up for our dinner on the town. We all met at the Graze on Main Restaurant, where we sat outside and enjoyed a wonderful meal along with a great time of storytelling and laughter. It was a good thing they had overhead lights strung across the patio because we pretty much closed the place down.

I must say it was such an enjoyable weekend, especially since I was celebrating my big 80th Birthday. I would like to thank all of you for the many birthday wishes that I received. GOD IS GOOD!!



JAG School

Linda Burns and Bing Spitler, Co-Chairs

In a recent conversation with Larry Moore at the JAG School, Bing learned that several of the students went to Washington, DC and toured the city on Segways. Looks like they had a great time. Seeing the students out and about triggered the thought that, perhaps the JAG School has loosened up on its stay-at-home restrictions. With this in mind, Bing approached Larry about our club getting together with the international JAG students at Lake Monticello. As in past years, the event would include a boat ride around the lake, always a big hit with the students.

Per Bing's October 15th email to the club's membership, a meeting has been arranged with the International JAG students on Sunday, November 8th from 1 to 3:30 PM. This event will include a boat ride and a light lunch at the Lake's Pub. All club members, not just the students' sponsors, are invited to attend. Please refer to Bing's email for additional details.



JOURNEYS

Deb Winslow, Co-chair

Travel plans for 2020 have all been postponed or cancelled due to the COVID-19 pandemic. Hopefully, we will be exploring again in person soon instead of virtually. Here are our scheduled plans for 2021:

Outbounds 2021:

International: We will be going to Krems, Austria in mid-September. We plan to schedule short excursions to Vienna, Strasburg, and Budapest surrounding our Club visit to Austria.

Domestic: A reciprocal visit to Flathead, Montana is being planned for mid-July. An extended stay in Big Sky Country can be expected.

Inbound 2021:

Global: Our Club will be providing a Global journey to showcase our local wineries, breweries, cideries and distillery. We are planning the ambassadors' visit in mid-October when the weather is still pleasant, and the leaves may be beginning to turn. A planning group has begun to plan for all the fun ahead. Stay tuned.

MEMBER ACTIVITIES

We asked, and you responded! Here are the responses we've received thus far, sharing what our members have been doing during the pandemic.

Susan Roberts

As I write this, I am at Bald Head Island, NC, with family. This is the third beach trip I have had this summer/fall. I hope to go to Ocracoke before Christmas. I am going to a few classes and groups at The Center...tap dance is a new favorite.

Linda Gehle

I've read lots of books; gardened a bunch, including transplanting 13 Nandina; meditated with Zoom group daily; sorted/organized old photos; cleaned out drawers; called old friends; had a colonoscopy; tooth extraction, bone graft and titanium post implanted for new crown (tooth) in three months; swam 3x/week; and renewed my Global Entry card for when I can travel overseas again! Also, I practiced slowing down!

Lucy Burnette

I have enjoyed daily walks, and last month I decided to participate in a virtual race. I joined the "Blue Ridge Parkway challenge" and logged my miles on the computer each day. At the end of the month, I had walked from Luray to Rockfish Gap -105 miles. The experience was motivating for me and had the added bonus of benefitting the Blue Ridge Parkway through contributions.

Peggy and Al Colville

Cleaned out closets, which resulted to giving away multiple bags of clothes; been knitting, which usually is a winter project. Decided to get the inside of the house painted - tired of looking at white walls. Playing more golf and walking less. Let you in on One big secret - our house is cleaner than it has ever been. Come on over and see for yourself, but don't forget your mask. Miss being with you all.

Peggy Birdsall

I'm up in Leesburg watching grandson Max during the week and home on weekends. Keeping my circle of friends small, with social distancing and wearing masks when out. I have also done ancestry and gotten all the old pictures in albums, along with some history. Miss you all.

Linda Burns

Can't say I've done anything of any importance. In the beginning of the shut-down, I really got into puzzles, and put together a 1000-piece puzzle I had had for many years. And then, I got Dave to frame it for me (I wasn't EVER going to do it again!), and it is now hanging on our wall. Outside of Medicare counseling from home every week, and now back to volunteering at Martha Jefferson, we have kept ourselves busy by doing a few car trips, one to West Virginia and another around SO VA. We have done a few things with friends, social distancing, of course, mostly going to wineries at their special events.

Laura and Bob Keeton

When we first began our stay at home, Laura hit route 20 and picked up four miles of trash on both sides of the road. Then she sewed over 200 masks to be distributed to hospitals. Easter came, and we had the kids and grandkids come to have dinner and an Easter egg hunt, but we stayed on the porch while they stayed on the deck. That worked well, and we started having friends over for dinner, eating apart on the porch. With warmer weather, we began playing croquet and bocce. Finally, we decided on family vacations. We went to Kill Devil Hills, Kiptopeke State park on the Eastern Shore of Virginia and then Sapphire Valley near Ashville, NC. Actually, we have stayed healthy and always took necessary precautions but have been quite busy. Bob made a destemmer for his grapes for making his wine. Then he began work on a tea room in the back yard, which he just finished. We have attended drive-in church at Bethel Baptist in Palmyra every Sunday since the original lock down, which became a great source of joy and inspiration.

Patty Sclater

Since I can't be traveling, I'm using the funds to update my kitchen (still a work in progress). I do volunteer work for the Fluvanna Historical Society digitizing records, which I can do from home. I'm on my college alumnae association board, and we've

been conducting all our business via Zoom. I'm taking some OLLI classes via Zoom this fall - gotta keep the "little gray cells" challenged!

Outreach

Carol Donahue, Chair

As part of our Club's comradeship, the committee sends out appropriate recognition to any member experiencing an illness, or sad/joyous event. If you have knowledge of a member in need, please contact Carol at camd68@gmail.com or 434-589-7613.

FFCV CALENDAR FOR 2020

MONTH	DATE	TIME	EVENT	SPEAKER (if applicable)	LOCATION	COORDINATOR
JANUARY	19	3:00 PM	SOUP/SALAD KICKOFF	BOARD	NAHOR VILLAGE CLUBHOUSE	LAURA KEETON
FEBRUARY	23	3:00 PM	RUSSIAN FFI TRIP PRESENTATION	PATTY SCLATER	NAHOR VILLAGE CLUBHOUSE	PATTY SCLATER
MARCH	14 - April 5		OUTBOUND TO BRAZIL *			DEB WINSLOW
APRIL	19	1:00 PM	BOX LUNCH AT QUARRY PAVILLION; THEN QUARRY GARDEN TOUR	BERNICE THIEBLOT	SCOTTSVILLE, SCHUYLER	LAURA KEETON
MAY	28 - June 1		OUTBOUND TO HARRISBURG, PA (reciprocal journey) *			AL AND PEGGY COLVILLE
	31		FFCV MEMBERSHIP MEETING (Zoom)	JEREMI SNOOK	VIRTUAL	PATTY SCLATER
TBD	TBD		D-DAY MEMORIAL, BEDFORD *		BEDFORD	LAURA KEETON
JULY	11	3:00 PM	CLUB PICNIC		KEETON HOME	LAURA KEETON
AUGUST	TBD	TBD	THEATER TRIP *			PEGGY COLVILLE
SEPTEMBER	26	NOON	WOHLFAHRT LUNCH/DINNER THEATER		WYTHEVILLE, VA	PEGGY COLVILLE
OCTOBER	TBD		INBOUND FROM PENTICTON-OKANAGAN, CANADA *			
NOVEMBER	8	1:00 – 3:30 PM	JAG SCHOOL EVENT		LAKE MONTICELLO PUB	BING SPITLER
DECEMBER	TBD	TBD	CHRISTMAS PARTY		TBD	LAURA KEETON

FFCV – FRIENDSHIP FORCE CENTRAL VIRGINIA
JAG – JUDGE ADVOCATE GENERAL

FFI – FRIENDSHIP FORCE INTERNATIONAL
TBD – TO BE DETERMINED

Member News



David Lea	11/2
David Wirth	11/12
Dale Walden	11/15
Mark Dryer	11/24
Robert Schwagerl	12/15
Bob Keeton	12/24
Carol Donohue	12/26
Bing Spitler	12/30

Copies of the Ambassador Newsletter are available on our website:
www.friendshipforcecv.org

The BOD meetings are held the second Tuesday of each month at Nahor Village Clubhouse (2-3:30 PM EST; 3-4:30 PM DST) and are open to anyone who would like to attend. We welcome your participation.



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Charlotte Meadows and Vern Buchanan	11/25
Bing and Joyce Spitler	12/27

Did we miss your special day?

*Let Monica Notaro know so we can update our records
 608-358-0352 or salandmonie@yahoo.com*



MEMBERSHIP APPLICATION

Name: _____ Email: _____

Address: _____ City: _____

State: _____ ZIP: _____ Phone(landline): _____

Cell: _____ Preferred Badge Name: _____ New Member Sponsor _____

For Family Application: Partner's Name: _____

Email: _____

Partner's Cell: _____ Preferred Badge Name: _____

We like to recognize our members on their special days if you choose (month and day only, we overlook the year). Your Birthday: ___/___/___ Partner's birthday: ___/___/___ Anniversary: ___/___/___

To make our club successful, all members contribute as they are able to our various activities. Please check the activities in which you would like to participate or learn more about in 2020. (Partners do separately when your interests diverge). **Do you want to:**

Exchange Activities

<input type="checkbox"/>	Go on an Outbound Journey
<input type="checkbox"/>	Outbound Journey Planning Committee
<input type="checkbox"/>	Inbound Journey Planning Committee
<input type="checkbox"/>	Inbound Journey Home Host
<input type="checkbox"/>	Inbound Journey Day Host
<input type="checkbox"/>	Inbound Journey Small Dinner Party Host

Other Club Work and Activities

<input type="checkbox"/>	Serve on Communications/Publicity
<input type="checkbox"/>	Serve on Fund Raising including Fridays After Five
<input type="checkbox"/>	Serve on Marketing Committee
<input type="checkbox"/>	Serve on Event Planning and Organizing
<input type="checkbox"/>	Serve on Membership Committee

Community Activities and Service

<input type="checkbox"/>	Sponsor a JAG student
<input type="checkbox"/>	Work on a Community Project (e.g., International Refugee Committee, World Friendship Day, or outreach to community)

Annual Dues: \$35 per member. Please include a check made out to **FFCV with your application**. Please submit application/renewal and dues to membership chair, Monica Notaro, 22 Fairwood Place, Palmyra, VA 22963

Club Merchandise



Embroidery

You now have the ability to purchase quality merchandise with our club logo *embroidered* on it from Queensboro. Some of us have purchased this merchandise in the past and have found it to be very good quality.

We have our own “store front” that uses our approved logo and ordering products through it is quite easy. Go to <http://ffcvgbstores.com> and to see the selection of products. To make a purchase, set up an account and then select from the products available, specifying your size and color preference.

A flat fee of \$6.50 per order applies regardless of the order size so team up with a friend and consolidate your orders.

Queensboro offers many more products than we have placed in our store front. If you are looking for something in particular you can view their entire site at <http://www.queensboro.com>. You can order directly from that site but you won't have access to our logo. If you see an item you would like with the logo, let Walt know (walt.oconnell@gmail.com, 434-591-0532) and he will add it to the store front.



Embroidery