



friendship force

CENTRAL VIRGINIA

Changing the Way You See the World

The Ambassador

November 2023

President's Message

The year is almost over, and what a year it has been. Our club has been very active, offering a variety of activities – member and guest presentations, a return to the popular mystery meal, summer picnic and “Friendsgiving” meal as well as continued support of and interaction with the international JAG students

This was my third journey with Friendship Force and my first with our club. Deb Winslow's role as journey coordinator was exemplary. She adeptly herded cats for three and a half weeks through two Friendship Force homestays in two countries located 2000 miles apart as well as independent extensions in the Spice Island and safaris in four parks. Kudos to Deb! For further information on the journey, see Deb's report in this newsletter. There will also be a presentation on the journey at the club's January meeting.

After several years hiatus, FFI has increased its dues by \$5. The FFCV Board has opted not to increase our club dues and will only pass on FFI's increase. Our portion of the \$40 remains at \$10.

It has been my pleasure to serve as your president in 2023. As I pass the baton to Willow Drinkwater as your new club president, I know that you will support her as you have me.

In friendship,

Patty Sclater

Helping Maternal Center of Excellence in Sierra Leone

The Friendship Force of Central Virginia (FFCV) is helping to help raise money for a new Maternal Center of Excellence in Sierra Leone, in the Kono District. We are giving \$45 to Partners in Health Engage, an inter-graduate school global health club at UVA, to help sponsor a 5K marathon, December 2, 2023, at 9 am outside Newcomb Hall. FFCV will have our logo displayed at the marathon.

The Partners in Health Engage network aims to raise \$123K via 4,000 fundraising connections this year: neonatal intensive care to enable essential services for mothers and children at the Maternal Center, including blood bank and lab services, and essential drugs for antenatal, labor, delivery, neonatal care and post-operative services. Susan Roberts through Blue Ridge Virginia Chapter of the United Nations Association of the US found this opportunity for us.

Exchanges

Our journey to Africa

We arrived in Iringa via a very small plane.
We were welcomed by the Iringa Club



Our visit to Mount Calvary School



Lunch at Ruaha National Park



On to Cape Town



Wine tasting in Cape Town Rhebokskloof Wine Estate



Visit to Cape Hope



Farewell Party from Cape Town

Outbound 2024:

International: We received our match for 2024, We will be doing a two week Journey to Peru - Lima and Northern Peru. We are planning on going beginning of June. We will visit Lima first and then on to Tarapoto. Plans are also in progress for a four day stay around Machu Picchu prior to our journey.

Inbound 2024:

Domestic: We will be receiving the club from Montana that was postponed from 2023. They will be arriving April 24 for seven nights. We have started planning, if you are interested in helping with the planning of this journey let me know.

Deb Winslow
Chair, Journey Committee

FFCV THANKS-FRIENDLY LUNCHEON

Wow! What more can I say about our Thanks-friendly gathering on Saturday, November 18 at The Independence. We had 19 FFCV members, six visitors and seven JAG students, a total of 32 in attendance along with two Independence residents wanting to join us for the meal. Thanks to this wonderful club and you great cooks, there was plenty of food, so much so that some of our students went home with lots of goodies.

Each JAG student told us what country they were from and what were their favorite foods. If you were not able to attend, maybe you can catch up with us at our Christmas gathering on December 9th, also at The Independence from 1-4. Deb Winslow, our famous caterer, will be providing some of her delicious foods and all you have to do is show up with your favorite beverage and your 2024 FFCV application. So be on the lookout for this most festive time-of-the-year party and be sure to mark it on your calendars. The Independence has a wonderful Grand piano, and we will be asking you to join us with some singing and other entertainment around the piano.

See you then!!

Peggy Colville, Membership Person



Friendship Force of Central Virginia

2024 Membership/Renewal



CHANGING THE WAY YOU SEE THE WORLD

Name: Email: Address: City: County*: State: ZIP: Phone(landline):

Cell: Preferred Badge Name: New Member Sponsor

For Family Application: Partner's Name: Email:

Partner's Cell: Preferred Badge Name:

We like to recognize our members on their special days if you choose (month and day only, we overlook the year).

Your Birthday: Partner's birthday: Anniversary:

It is important that you have a good understanding of The Friendship Force, what we do, and what to expect. The Web site for Friendship Force International is a good source of information about the history and mission of our organization. Please review the information at www.friendshipforce.org, paying particular attention to the tabs "Who We Are/History and /Mission" and "FAQs" and our club at www.ffc.avenue.org. If you don't have access to the Web, please contact a member for information about FFI and our club.

To make our club successful, all members contribute as they are able to our various activities. Please check the activities in which you would like to participate or learn more about in 2024. (Partners do separately when your interests diverge). Do you want to:

Exchange Activities

Table with 2 columns: checkbox, activity name (Go on an Outbound Journey, Outbound Journey Planning Comm., Inbound Journey Planning Committee, Inbound Journey Home Host, Inbound Journey Day Host, Inbound Journey Small Dinner Host)

Other Club Work and Activities

Table with 2 columns: checkbox, activity name (Serve on Communications/Publicity Committee, Serve on Fund Raising Committee, Serve on Event Planning Committee, Serve on Membership Committee, Out Reach Person (Sending cards to various members))

Community Activities and Service

Table with 2 columns: checkbox, activity name (Sponsor a JAG student, Work on a Community Outreach Project)

Annual Dues: \$40 per member. Please include a check made out to FFCV with your application. Please submit application/renewal and dues to membership chair, Peggy Colville, 315 Village Blvd. Palmyra, VA 22963 by January 15, 2024, if not attending our Christmas Event. If you have any questions please call 434-589-2844.

FFCV Calendar for 2023

MONTH	DATE	TIME	EVENT	SPEAKER/PROGRAM (if applicable)	LOCATION	OPEN TO	COORDINATOR
January	21	2:00	Membership Meeting	Deb Winslow/Vienna, Budapest, Prague Travels	The Independence	Club Members, Guests	Peggy Colville
March	25	Lunch	Mystery Lunches		Host Members' Homes	Club Members	Peggy Colville
April	22	2:00	Membership Meeting	Christine Hohlbaum/ Thailand, Laos Travels	Nahor Clubhouse	Club Members, Guests	Willow Drinkwater
May	20	2:00	FFCV and JAG School Relationship	Dean Tanya Blackwell	JAG School	Club Members	Patty Sclater
June	24	2:00	Breaking Down Cultural Barriers through Travel	Video and Discussion	Nahor Clubhouse	Club Members, Guests	Patty Sclater
July			Summer Break – No Program				
August	12	12 noon – 3:00	Membership Picnic		Gordonsville	Club Members, 3 and 9-month JAG Students	Willow Drinkwater
September	4	Mid-day	JAG Picnic		TBD	9-month JAG Students, Sponsors	Bing Spitler
October	10/08 - 11/1		Outgoing Journey		Iringa, Tanzania; Cape Town, South Africa	Club Members	Deb Winslow
November	18	1:00 - 4:00	"Friendsgiving" Meal		The Independence	Club Member, 9-month JAG students	Peggy Colville, Willow Drinkwater
December	9	1:00 - 4:00	Holiday/Christmas Party		The Independence	Club Members, 9- month JAG students	Deb Winslow